

Degree Requirements: HFS  
 Mississippi State University  
 Department of Kinesiology  
 Degree Requirements

Name: \_\_\_\_\_ MSU ID#: \_\_\_\_\_

Freshman Year:

TR	COURSE:	HRS	GRADE	TAKEN	TR	COURSE	HRS	GRADE	TAKEN
	<i>EN 1103 English Comp. I</i> Or EN 1163	3				<i>EN 1113 English Comp. II</i> Or EN 1173	3		
	MA 1313 College Algebra	3				CH 1043 Survey of Chemistry	3		
	BIO 1123 Animal Biology	3				PSY 1003 General Psychology	3		
	<i>EP 2013 Introduction to Exercise Science</i>	3				<i>KI 1803 Health Trends and Topics</i>	3		
	Humanities Elective	3				<i>PE 1041 Aerobics</i>	1		
						ST 2113 Statistics	3		

Total Credit Hours: 15

Total Credit Hours: 16

Sophomore Year:

TR	COURSE:	HRS	GRADE	TAKEN	TR	COURSE	HRS	GRADE	TAKEN
	<i>CO 1003 Fundamentals of Public Speaking</i> Or CO 1013	3				BIO 1004 Anatomy & Physiology	4		
	<i>FNH 2293 Individual and Family Nutrition</i>	3				Humanities Elective	3		
	PE 1323 History & Appreciation of Dance Or Other Approved Fine Arts Course (See Bulletin)	3				<i>TKT 1273 Computers Applications</i>	3		
	EC 2113 Principles of Macroeconomics	3				<i>Cognate</i>	3		
	<i>KI 2213 Emergency Health Care</i>	3				<i>PE 1061 Walking &amp; Jogging</i>	1		
						<i>PE 1151 Strength Training</i>	1		

Total Credit Hours: 15

Total Credit Hours: 15

Junior Year:

TR	COURSE:	HRS	GRADE	TAKEN		TR	COURSE	HRS	GRADE	TAKEN
	<i>KI 3273 Athletic Training</i>	3					<i>PSY 3503 Health Psychology</i>	3		
	<i>Cognate</i>	3					<i>Cognate</i>	3		
	<i>EP 3183 Exercise Psychology</i>	3					<i>EP 3663 Personal Fitness Training</i>	3		
	<i>EP 3304 Exercise Physiology</i>	4					<i>EDF 3413 Writing for Thinking</i>	3		
	<i>EP 3233 Anatomical Kinesiology</i>	3					<i>Cognate</i>	3		

Total Credit Hours: 16

Total Credit Hours: 15

Senior Year:

TR	COURSE:	HRS	GRADE	TAKEN		TR	COURSE	HRS	GRADE	TAKEN
	<i>EP 4113 Fitness Programs and Testing Procedures</i>	3					<i>HS 4583 Entrepreneurship Human Sciences</i>	3		
	<i>EP 4183 Exercise and Weight Control</i>	3					<i>Cognate</i>	3		
	<i>EP 4153 Training Techniques for Exercise (Taught in Summer)</i>	3					<i>EP 4210 Health Fitness Studies Internship [6 hours is required]</i>	6		
	<i>EP 4803 Professional Seminar in Exercise Science</i>	3					<i>HS 4403 Introduction to Gerontology (HS 1813 or Consent of Instructor)</i>	3		
	<i>Cognate</i>	3								
	<i>Cognate</i>	3								

Total Credit Hours: 18

Total Credit Hours: 15

**\*\* Choose 5 courses from one cognate, and one course from each of the other two. Total hours: 21**

Cognate Courses in Aging:

Cognate Courses in Business

Cognate Courses in Health

<i>COE 4713</i>	<i>Issues in Aging</i>	<i>ACC 2013</i>	<i>Principles of Financial Account</i>	<i>CO 3203</i>	<i>Communication &amp; Group Leadership [CO 2213]</i>
<i>EP 4123</i>	<i>Aging and Physical Activity [EP 3304]</i>	<i>EC 2123</i>	<i>Principles of Microeconomics [EC 2113 &amp; SO. Standing]</i>	<i>COE 4023</i>	<i>Introduction to Counseling</i>
<i>HS 4813</i>	<i>Adult Development: The Middle Years [PSY 1013 &amp; Jr. Standing]</i>	<i>MGT 3513</i>	<i>Introduction to Human Resource Mgmt.</i>	<i>EP 4603</i>	<i>Physical Activity Epidemiology [EP 3304]</i>
<i>HS 4863</i>	<i>Consumer Aspects of Aging [HS 3303, or consent of instructor]</i>	<i>MGT 4153</i>	<i>Organizational Theory [Final Semester, SR. Standing]</i>	<i>FNH 3163</i>	<i>Basic Principles of Health Promotion</i>
<i>PSY 4983</i>	<i>Psychology of Aging [PSY 1013]</i>	<i>MGT 4533</i>	<i>Adv. Human Resource Mgmt. [MGT 3513, or consent of instructor]</i>	<i>KI 2023</i>	<i>Foundations of Health Education [KI 1803]</i>
<i>SO 4413</i>	<i>Aging and Retirement American Society [9 hours of SO or related courses]</i>	<i>MKT 3013</i>	<i>Principles of Marketing [JR. Standing]</i>	<i>PSY 3353</i>	<i>Motivation [PSY 1013]</i>
		<i>MKT 4123</i>	<i>Advertising [MKT 3013, or Consent of Instructor]</i>	<i>PSY 3363</i>	<i>Behavioral Modification [PSY 1013]</i>

**\*\* Notes:** Please refer to MSU Bulletin or Online Course Catalog for course prerequisites. A grade of "C" or better is required in all major courses, and these courses are italicized.

Revised 02/2015