

WILEY, HOLLY G, Ph.D
Instructor, Department of Kinesiology
Undergraduate Faculty
Lecturer appointment 1997-2002
Instructor appointment 2002-present

1. Academic Degrees

Ph.D., Secondary Education/Health Education and Promotion,
Mississippi State University, 2001

M.S., Exercise Science,
Mississippi State University, 1994

B.S., Education,
Mississippi State University, 1991

2. Professional Experience

Instructor, Department of Kinesiology,
2002 - present

Lecturer, Department of Health, Physical Education, Recreation, and Sport
Mississippi State University, 1997 – 2001

Assistant to Director, American Heart Association,
Oktibbeha County Division Starkville, Mississippi, 1996 – 1997

Director of Wellness, Pickens County Medical Center,
Carrollton, Alabama 1995 – 1996

Exercise Specialist, Clay County Wellness Center,
West Point, Mississippi, 1995 – 1996

Adjunct Lecturer,
Mississippi University for Women, 1996

Adjunct Lecturer, Department of Health, Physical Education, Recreation, and Sport,
Mississippi State University, 1992 – 1994

Graphic Designer, Gentry Signs,
Starkville, Mississippi, 1991 - 1997

Fitness Instructor, Mississippi State University Recreation Department,
1987 – present

3. Faculty and Administrative Load

Fall semesters: 12 hour (4 course) load

Spring semesters: 12 hour (4 course) load

Summer semesters: 6 hours (2 course) loads

Courses taught:

PE 3213, Emergency Health Care

PE 4883, Exercise and Weight Control

PE 4183, School Health

PE 3153, Methods of Elementary Physical Education

PE 2603/KI 2603, Medical Terminology

PE 2003, Foundations of Health

PE 1223, Personal Health

PE 3133, Adapted Physical Education
PE 3223, Motor Development and Movement
PE 1131 Walking/Jogging
PE 1041, Aerobics

Advisement load: 40-100/semester

4. Current Professional and Academic Association Memberships
National Commission for Health Education Credentialing
Certified Health Education Specialist
American Alliance for Health, Physical Education, Recreation, and Dance
Mississippi Alliance for Health, Physical Education, Recreation, and Dance
American Aerobic Association International, instructor trainer

5. Current Professional Assignments and Activities
American Heart Association, Member/Volunteer, 1997 - present
Aerobic and Fitness Association of American, certified instructor
United States Water Fitness Associate, certified member
American Red Cross, instructor trainer/volunteer, 2000-present
American Council on Exercise, certified instructor
Exercise Safety Association, certified personal trainer
Certified Health Education Specialist, National Commission on Health Education Credentialing
American Aerobic Association International/ISMA, certified Faculty Instructor,

6. Research
Personal Research
Health Behaviors of Secondary Public School Health Educators Endorsed in and Currently Teaching Health in Mississippi, 2001
Health Behaviors and Opinions of Health Educators Curriculum of Mississippi Secondary Public School Health Educators, 2000
Level of Concern of School Violence Among Pre-Service Educators, 2000
Effect of Arm Exercise and Varied Step Frequencies During Bench Stepping on Selected Physiological Variables of College-Aged Females, 1994